

# Calculating Gait Variability with a Markov Chain



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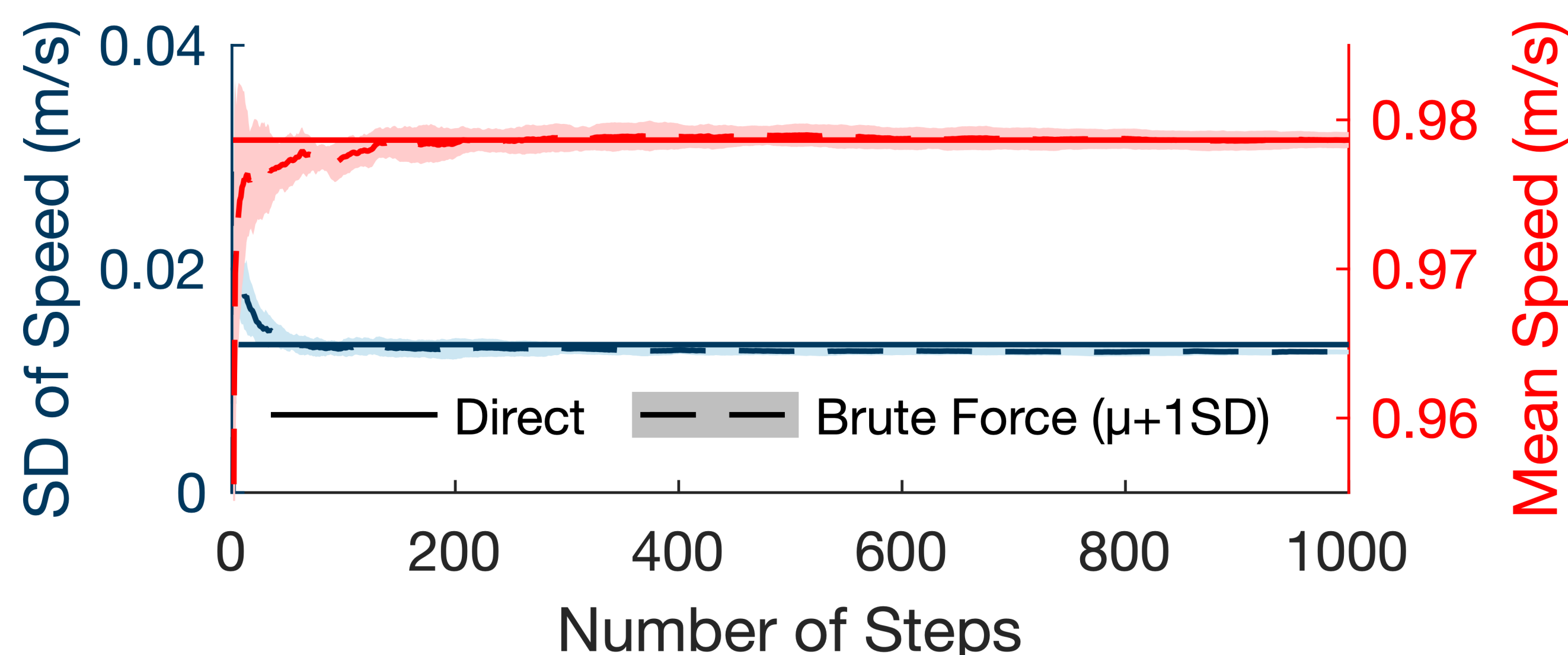
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## Introduction

- Gait parameters such as the mean and standard deviation of speed correlate with human falls [1].
- However, they can require hundreds of steps to accurately calculate using brute force methods [2].
- Further, brute force methods need to be repeated if testing conditions change.
- We introduce a novel method of directly calculating gait parameters using an absorbing Markov Chain.

## Results

- We compared this novel method to a brute force method calculating walking speed.
  - The brute force method used 10 simulations of 1000 steps each.
- Testing was done using a six link, planar biped for three perturbation conditions.
- Brute force was inaccurate for low numbers of steps
- The difference in means between methods were  $< 0.5\%$  when the brute force method was used for 1000 steps.
- The difference in SD were 0.80% to 12%.



## Acknowledgements

This work was supported by the NSF under award 1727540.

## Methods

- Bipedal gait was represented as an absorbing Markov chain.
- First, a deterministic state-transition matrix  $T^d$  was created [3]:
  - The states of the Markov chain were the positions and velocities at heelstrike.
  - The transition from one state to another was dependent on the perturbation.
- This  $T^d$  can be used to analyze many testing conditions and only needs to be created once.
- By combining  $T^d$  and a specific distribution of random perturbations the absorbing Markov chain  $T^s$  was created.

$$T^s = \begin{pmatrix} Q & R \\ \mathbf{0} & 1 \end{pmatrix}$$

- $T^s$  was used to find the expected number of times the biped will be in each state before falling.

$$N = (I - Q)^{-1}$$

where  $n_{ij} \in N$  is the expected number of times the biped will be in state  $p_j$  if it starts in state  $p_i$ .

- Weighted mean  $\mu_i$  and standard deviation (SD)  $\sigma_i$  for each step that starts at state  $p_i$  were calculated using gait data saved when calculating  $T^d$  and  $N$ .
- The overall parameters were found using

$$\mu = \frac{\sum_{i=1}^t n_{1i} \mu_i}{\sum_{i=1}^t n_{1i}}, \quad \sigma^2 = \frac{\sum_{i=1}^t n_{1i} (\sigma_i^2 + (\mu_i - \mu)^2)}{\sum_{i=1}^t n_{1i}}$$

## References

- [1] Hamacher, D, et al. J. Roy. Soc. Interface 8, 1682-1698, 2011.
- [2] Owings, TM & Grabiner, MD. J. Biomech. 36, 1215-1218, 2003
- [3] Saglam, CO & Byl, K. Robot. Sci. Syst., 2014.
- [4] Grinstead, CM & Snell, JL, Amer. Math. Soc., 2012